

Coping with labor: Creation of a Coping with Labor Pathway for Use Labor Pain Management

A multidisciplinary approach to the development of a formalized Coping with Labor Pathway using virtual consensus building and the Nominal Group Technique (NGT)

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PURPOSE



To create a Coping with Labor Pathway with expert input that nurses can use to help patients cope with pain during labor

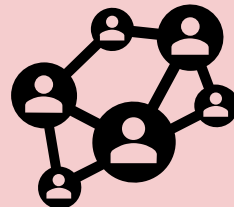
METHODS



Literature Review conducted on Evidence base pharmacological, nonpharmacological & psychosocial interventions



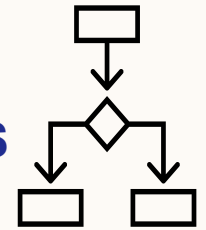
Virtual Consensus building: REDcap surveys sent to stakeholders (RNs, OBs, CNMs, MDAs)



Consensus Building: Nominal Group Technique (NGT)

OUTCOMES

Primary Outcome:
Pathway Completion



Final Consensus obtained 100% (n=5/5) stakeholders agreed to the final draft of the Coping with Labor Pathway



The collaborative creation of a Coping with Labor Pathway with a multidisciplinary team, incorporating expert stakeholders' input, standardizes care, improves staff-patient communication and enhances the overall laboring and birthing experience.