

Nursing Mentor Education and Training Program

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BACKGROUND

- RNs are leaving the bedside at an alarming rate
- 2022 National RN Turnover Rate increased from 8.4% to 27%!



LITERATURE REVIEW

- RN mentorship programs help improve turnover rates.
- Traditional RN mentorship program may not be enough.



INTERVENTION

- Teaching RN mentors about adult learning, how to give “on-the-spot-feedback”, time/stress management, etc, will provide the tools necessary to be confident & impactful mentors.



RESULTS

- 100% of RN mentors reported an increase in confidence levels after attending a mentor education and training program.